

POCAHONTAS COUNTY SCHOOLS
December Breakfast and Lunch Menu 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>
Zucchini Bread Cereal Fruit Pizza Applesauce Cup Peas Diced Potatoes	French Toast Sticks Cereal Fruit Chicken Sandwich Lettuce/Tomato/Onion Ketchup/Mustard/Mayo Sweet Potato Fries Mexicali Corn Fruit	Bagel w/Cream Cheese Yogurt Fruit Spaghetti w/Meatballs Garlic Bread Green Beans Mixed Fruit	Sausage Gravy Biscuit Yogurt Fruit Chicken Wrap Lettuce/Tomato/Sour Cream Romaine Salad w/Tomatoes Refried Beans Birthday Cake	Pancakes Cereal Fruit Fish Sticks Scalloped Potatoes Fresh Carrot Sticks Fruit Homemade Rolls
<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>
Strudel Yogurt Fruit Ham & Cheese Hoagie Lettuce/Tomato Baked Beans 5 Way Veggies Fruit	Pretzel w/Cheese Cereal Fruit Chicken Pot Pie w/Mixed Vegetables Mashed Potatoes Mixed Fruit Sliced Cucumbers	Homemade Cinnamon Roll Yogurt Fruit Fish Sandwich Lettuce/Tomato Tartar Sauce/Ketchup Sweet Potato Fries Broccoli Salad Fruit	Egg & Cheese Biscuit Cereal Fruit Vegetable Beef Soup Grill Cheese Sandwich Green Beans Sherbet Fruit	Breakfast Burrito Yogurt Fruit Chicken Tenders Macaroni & Cheese California Blend Fruit
<u>16</u>	<u>17</u>	<u>18</u>	<u>19</u>	<u>20</u>
Breakfast Pizza Yogurt Fruit Sloppy Joe Oven Fries Carrot Stix Fruit	Sausage Biscuit Cereal Fruit Chicken Fajita w/Green & Red Peppers/Onions Mandarin Oranges Black Beans Salsa/Sour Cream Fruit	Yogurt Fruit Parfait or Strawberry Smoothie Cereal Bacon & Cheese Scrambled Eggs Hash Browns Applesauce Cup Fresh Veggies Biscuit	Blueberry Muffin Cereal Fruit Christmas Dinner Baked Ham Mashed Potatoes w/Gravy Stuffing Broccoli Cheese Rice Casserole Homemade Roll Cooks' Choice Dessert	Cooks' Choice
<u>23</u>	<u>24</u>	<u>25</u>	<u>26</u>	<u>27</u>
Professional Learning Day No School for Students	Christmas Break No School	Christmas Day No School	Christmas Break No School	Christmas Break No School
<u>30</u>	<u>31</u>			
Christmas Break No School	Christmas Break No School			

For breakfast milk and yogurt offered daily.
 For lunch milk and fresh fruit offered daily.